



## CODE OF CONDUCT - PARENTS/ CARERS

Good practice for parents should be encouraged to accompany their children to activities, but they should not be included in supervision calculations unless they are present in an official volunteering role. British Ice Skating Parents' Code of Ethics gives everyone a guide to what is expected of parents if they are part of an organisation, participating in a sport, or are spectators at their child's events. Ethics in sport are embodied in the following principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. The BIS Parents Code of Ethics asks the parents to respect the following guidelines:

1. Encourage your child to skate in a safe and healthy environment;
2. Encourage good sportsmanship by demonstrating positive support for all skaters, coaches, volunteers and officials and do not question the judgement of event officials;
3. Emphasise that doing one's best is more important than winning. Teach that effort and participation are important as victory;
4. Do your best to make skating fun and remember that the child participates in sports for his/her own enjoyment – not yours'. Do not force them to participate unwillingly;
5. Advise your child to treat other skaters, coaches and officials with respect;
6. Advise your child to treat everyone equally and sensitively regardless of their age, disability, gender, race, ethnic origin, cultural background, sexual orientation, religious beliefs or political affiliation;
7. Inform your child's coach of any physical disability that may affect the safety of the child or the safety of others;
8. Place the emotional and physical well-being of your child ahead of your personal desire to win;
9. Support all efforts to remove verbal, physical and racist abuse from ice skating;
10. Remember that young people and vulnerable adults learn best by example. As a parent/carer you have the right to:
  - Be assured that your child is safeguarded during their participation in sport;
  - Be informed of problems or concerns relating to your children;
  - Be informed if your child is injured;
  - Have your consent sought for participation in event, trips and competition;
  - Have your consent sought for participation in film or photography;
  - Contribute to decisions within the Club;
  - Have any concerns about any aspect of your child's welfare listened to responded to



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As parents, you are expected to:

- Complete and return the Registration, Medical and Consent Form pertaining to your child's participation with the Club;
- Be responsible for ensuring your child arrives and is collected punctually before and after sessions/competitions/events;
- Ensure your child has appropriate kit and clothing. Any child not in possession of the fundamental requirements will not be permitted to participate;
- Detail any relevant medical concerns or conditions pertaining to their child on the registration/consent form. Any changes in the state of the child's health should be reported to the coach or Club staff prior to the activity;
- To inform a Committee Member at the desk prior to the activity starting if your child is to be collected early;
- Encourage your child to play by the rules, and teach them that they can only do their best;
- Ensure that your child understands their code of conduct;
- Behave responsibly whilst spectating; do not embarrass your child;
- Show appreciation and support the coach;
- Be realistic and supportive;
- Accept the decisions of coaches, judges and other officials.

Any breaches of this code of conduct will be dealt with immediately by a Designated Person. Persistent concerns or breaches may result in you being asked not to attend training sessions, competitions or any other event organised by the club if your attendance is considered detrimental to the welfare of young participants. The ultimate action should a parent/carer continue to breach the code of behaviour may be the Club regrettably asking you to leave the session, event or Club.



## CODE OF CONDUCT - SKATERS

Good practice for skaters. Skaters should be encouraged to promote positive and safe environment for all participants. Ethics in sport are embodied in the following principles: respect, responsibility, fairness, caring, trustworthiness and good citizenship. Inverness Ice Skating and Dance Club Code of Ethics asks our skaters to respect the following guidelines:

1. Encourage good sportsmanship by demonstrating positive support for all skaters, coaches, volunteers and officials and do not question the judgement of event officials
2. Emphasise that doing one's best is more important than winning. Respect that effort and participation are as important as victory;
3. Do your best to make skating fun and remember that every skater participates in sports for his/her own enjoyment;
4. Treat other skaters, coaches and officials with respect;
5. Treat everyone equally and sensitively regardless of their age, disability, gender, race, ethnic origin, cultural background, sexual orientation, religious beliefs or political affiliation;
6. Inform your coach of any physical disability that may affect the safety of yourself or the safety of others;
7. Make sure you have appropriate clothing and equipment to be able to perform your skating safely and have long hair tied back away from your face preferably in a bun if length allows;
8. Support all efforts to remove verbal, physical and racist abuse from ice skating;
9. Report any incidents of bullying, unsporting behaviour or misconduct to a committee member or coach as soon as possible;
10. Take instruction from coaches or committee regarding any rules of safety and courtesy when on the ice to avoid any accidents;
11. Advising and encouragement is actively promoted. Don't forget that our volunteers and coaching team are there for you if you need any assistance or guidance at any time
12. Do not post videos or pictures on media sites without the full agreement of all parties. Any breaches of this code of conduct will be dealt with immediately by a Designated Person. Persistent concerns or breaches may result in you being asked not to attend training sessions, competitions or any other event organised by the club if your attendance is considered detrimental to the welfare of young participants. The ultimate action should a skater continue to breach the code of Conduct may be the Club regrettably asking you to leave the session, event or Club.